

The Illinois Dressage and Combined Training Association (IDCTA) presents

## *Health and Harmony:*

A series of learning opportunities for horse owners, enthusiasts and professionals

This adult educational program is an opportunity to give all horse advocates a chance to learn more on important horse care topics in a casual hands-on learning environment from respected horse professionals. Q&A will provide horse owners with an avenue to ask reputable professionals important and personal questions. The goal of our educational series is to provide an open and affordable forum for all different people at different places in their horse education to come together, learn, network and become better horse people.

*Please note that advanced registration is available for each lecture. Classes are limited to 40 participants and class registration is first come-first serve. Registration forms are available at [www.idcta.org](http://www.idcta.org) and [www.hautepony.com](http://www.hautepony.com).*

### **Normantown Trails Equestrian Center**

12151 S. Normantown Rd.  
Plainfield, IL 60585  
Ph: (815) 254-1950

#### **1. Basic First Aid for Horses**

*Kathleen Kelly, D.V.M. & Megan Coveyou, D.V.M., Fox Valley Equine Practice*

How to assess an illness or injury and determine whether veterinary assistance is needed. Training and a checklist for gathering your horse's statistics under normal circumstances to enable you to provide accurate, concise and useful information to the veterinarian in the event of an emergency. Instructions and hands on demonstrations for what to do until the vet gets there--how to clean and wrap/protect wounds, administer ophthalmic medicine, oral medications, I.M. injections, etc. Attendees will receive a first aid booklet, a stethoscope, a digital thermometer, and a list of what all horse owners should have at the barn in case of emergency.

Date: Saturday, March 13<sup>th</sup>: 10am – 2:30pm (lunch provided)  
Cost: \$45 IDCTA member/\$50 non-member

#### **2. Farrier Care, Hoof Soreness and Corrective Shoeing**

*Elmer Morefield*

Demonstration of a correct, basic trim. Review of the basic foot anatomy and balance. Understanding the need for shoes and the advantages of bare feet. Review of different shoes, basic to corrective, and their purposes. Review of common foot diseases.

Date: Saturday, April 10<sup>th</sup>: 10am – 12:00pm (refreshments provided)  
Cost: \$25 IDCTA member/\$30 non-member

### **3. Saddle Fitting**

*Lori Anderson, Sport Horse Therapeutics*

Saddle fitting topics will include: Different body types and affect on saddle fit; saddle features to best fit the different body types; basic fitting instruction, taking the horses musculature into consideration and discussing symptoms of an ill-fitting saddle; Importance of using a saddle with the correct shaped tree; Girthing and saddle pads; tips on keeping your horses back strong and happy.

Date: Thursday, May 13<sup>th</sup>: 6:30pm – 8:30pm (refreshments provided)  
Cost: \$25 IDCTA member/\$30 non-member

### **4. Understanding Nutrition & Feed-Related Problems for Horses**

*Kevin Kline, PhD, University of Illinois, Department of Animal Sciences*

Review of basic horse nutrition and horse digestion. Review of general feed-related problems including overweight and underweight horses, colic, tying up, founder, ulcers and poisonous plants.

Date: Thursday, June 10<sup>th</sup>: 6:30pm – 8:30pm (refreshments provided)  
Cost: \$25 IDCTA member/\$30 non-member

### **5. Understanding Chiropractic Care for Horses**

*David Heinze, D.V.M., Fox Valley Equine Practice*

Review the relationship of conformation, balanced riding, balanced shoeing and chiropractic care of horses. A hands on evaluation of several horses as well as practical tips for understanding and maintaining your own horses. Handouts will be provided and a question and answer period will follow the demonstrations.

Date: Thursday, Aug 5<sup>th</sup>: 6:30pm – 8:30pm (refreshments provided)  
Cost: \$25 IDCTA member/\$30 non-member

### **6. Setting a course: Jump to success**

*Brenda Mueller, Brenda Mueller Enterprises, Hunter/Jumper Trainer*

Review of basic course setting techniques, ground poles, cavalettis and gymnastics and their purpose. Understanding how to set jumps safely and effectively for horse and rider. Set & walk a course.

Date: Thursday, Sep 23<sup>rd</sup>: 6:30pm – 8:30pm (refreshments provided)  
Cost: \$25 IDCTA member/\$30 non-member

### **7. Understanding Basic Lameness and Care**

*TBD, University of Illinois Veterinary Teaching Hospital*

Review of common horse lameness and care. A step-by-step explanation of lameness diagnosis. Review of lameness imaging tools including xray and ultrasound and how imaging is used in lameness diagnosis.

Date: Saturday, Oct 23<sup>rd</sup>: 10am – 12:30pm (refreshments provided)  
Cost: \$35 IDCTA member/\$40 non-member

A special thanks to IDCTA member and lecture program organizer *Haute Pony*